

X-YACHTS & BAVARIA SYDNEY HARBOUR REGATTA

Friday, 2nd October 2009

Sailing Instructions



Organising Authority
Middle Harbour Yacht Club
On behalf of
North South Yachting Australia



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X-Yachts and Bavaria Sydney Harbour Regatta

Friday 23 October 2009

SAILING INSTRUCTIONS

Preamble

Safety

All those taking part in the X-Yacht & Bavaria Sydney Harbour Regatta 2009 are reminded that they do so at their own risk and responsibility. Neither the Middle Harbour Yacht Club, North South Yachting Australia or any Officials or Employees involved in the organisation, management or conduct of the event shall be deemed responsible for the seaworthiness of a yacht whose entry has been accepted nor for the adequacy of a yacht's equipment, or the personal safety of its crew. Attention is drawn to Racing Rules of Sailing (RRS) Fundamental Rule 4, which states: "A boat is solely responsible for deciding whether or not to start or to continue racing".

All skippers are reminded to exercise appropriate caution whilst sailing and if conditions deteriorate or become marginal to assess the risks inherent in continuing to sail and make an appropriate judgment that protects or preserves the safety of those on board the yacht(s) under their care and control. This decision may be to continue at reduced speed or retire and seek refuge.

Special Note to Competitors

1) Identification and Retirement

Yachts are requested to hoist mainsail prior to their Start in the vicinity of the MHYC Start/Finish Line, to confirm its intention to race. Yachts which can not be identified will be scored 'DNS'.

Yachts retiring from racing shall inform the MHYC on VHF Channel 73 at once. Should this be impractical, yachts shall advise the Sailing Office, in person or by telephone, 9969-1244, as soon as practicable. If search and rescue operations are unnecessarily instituted due to the yacht failing to make timely contact, the yacht will be subject to action by the Race Committee under RRS 60.2(c) whereby a report will be made to the Protest Committee requesting action under RRS 69.1(a) - Allegation of Gross Misconduct.

Yachts which do not display a sail number are required to record their own finish time and then to confirm their identity and finish time with the MHYC Sailing Office. Yachts which are unidentified will be recorded as DNF.

2) Tender Service and Client collection and Drop off

Tender Service to and from MHYC will be available on Regatta Day.

Please note the following arrangements to make your day is enjoyable.

- Contact your Crew and arrange your meeting place and time in advance.
- Crews need to board yachts early to avoid delays (Warning Signal is at 1250 hours)
- Tenders to yachts depart & arrive from A Arm Marina, Tender Area.
- Yachts may pickup crews from the T-Head on, A, B, C & D Arms as allocated by the Organising Authority. Berthing is limited to 5minutes – make your arrangements in advance, Vessel should contact Dock Master on VHF Channel 73 for directions when in the vicinity of Chinamans Beach and Middle Harbour Yacht Club.

- MHYC Tender Service operates from 1100 to 1700 hours on Race Day, in the area bounded by Chinaman's Beach and MHYC.

1.0 RULES

- 1.1 The Regatta will be governed by the 2009-2012 ISAF Racing Rules of Sailing, the Prescriptions and Special Regulations of Yachting Australia (except as any of these altered by the Notice of Race & Sailing Instructions) and by the, Notice of Race, these Sailing Instructions and the MHYC Special Regulations contained in the MHYC Sailing Handbook 2009/2010, available from reception or online at <http://www.mhyc.com.au/club-sailing-handbook.cfm>
- 1.2 For Division 2 & 3 Yachts-Non Spinnaker; No sails may be set forward of a mast which are not normally carried forward of that mast when working to windward. Any sail set forward of a mast shall not be set flying.
- 1.3 Whilst racing yachts shall not allow deck stowed anchors to protrude outside of the yachts hull.

2.0 NOTICES TO COMPETITORS

- 2.1 Notices to Competitors will be posted on the Official Notice Board in the Breezeway at Middle Harbour Yacht Club.

3.0 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any changes to the Sailing Instructions will be posted before 0900 hours on the day of racing.

4.0 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the Signal Mast of the Middle Harbour Yacht Club Race Officials Box located on the North Western perimeter of the Club Premises.

5.0 START TIME

- 5.1 The Nominated Start Time shall be 1300 hours. A 10 minute warning signal sound shall be made prior to the Start.

6.0 START/FINISH LINE

- 6.1 The Clubhouse Start/Finish line shall be used. The line is a transit formed by aligning two orange triangles located adjacent to the MHYC Race Official's Box. The transit bears approximately 065°/245° magnetic.
- 6.2 Any yacht under sail that breaches imaginary lines which define the swing mooring boundaries to the North and South of the Spit Channel, such channel being the area of clear water bounded by Parriwi Point, Clontarf Point and the Spit Bridge, may be disqualified from competition. This Rule shall apply from 1230 to 1730 hours on Race Day.
- 6.3 For the purpose of RRS 18 and 19, the imaginary lines which define the swing mooring boundaries to the North and South of the Spit Channel shall be deemed obstructions.

- 6.4 No yacht shall enter the area bounded by imaginary lines which define the swing mooring boundaries to the North and South of the Spit Channel, a transit using two red MHYC flags on MHYC's "D" Marina Arm and a further transit using two red MHYC flags on MHYC's "B" Marina Arm more than 5 minutes before her nominated start time.
- 6.5 The MHYC Sailing Committee requests Competitors co-operation in ensuring that MHYC yachts and Visiting yachts diligently observe the Club's Sailing Instructions whilst using the Clubhouse start/finish line, ensure that a proper lookout is maintained by all yachts and responsibly manage the conduct of their yachts in the enclosed water of Lower Middle Harbour.

Sailing Committee also requests that the nominated skipper of each yacht is at the helm during the period prior to starting and until the yacht is abeam of Grotto Point. Similarly, the nominated skipper should be at the helm from the time the yacht is abeam Grotto Point and until it finishes and clears the finish line.

7.0 STARTING SIGNALS

**1250 SOUND SIGNAL
COURSE NUMBER DISPLAYED FROM THE START RACE OFFICERS
BOX**

**1300 SOUND SIGNAL
START OF HANDICAP COUNTDOWN FROM THE START RACE
OFFICERS BOX**

8.0 STARTING PROCEDURE

- 8.1 The number '60' will be displayed from the Race Officers Box to start the handicap countdown. The start shall be a handicap start. All yachts will be allocated a handicap prior to the start of the race (from 60 minutes) and each yacht shall start when her number is **DROPPED** i.e. changes to the number below.
- 8.2 Starting handicaps will be available at MHYC from 1800 hours Thursday 1 October 2009 and will also be published at <http://www.mhyc.com.au/sailing-regattas.cfm>
- 8.3 For the information of competitors, Appendix A attached lists the time of day for yachts starts equivalent to their starting handicap. Please correct your own watch to correct time of day by phone on '1194' prior to the Warning Signal.

9.0 RECALLS

- 9.1 There will be no individual recalls. A premature starter will be penalized 5 minutes plus the difference between their nominated start time and actual start time. (This Amends RRS 29)

10.0 TIME LIMIT

- 10.1 The time limit will be 1700 hours. Only those yachts finishing within the time limit shall rank as finishers. Those yachts finishing after the time limit shall be scored DNF.

11.0 COURSES

- 11.1 The Course will be displayed prior to the Warning Signal at 1250 and the corresponding number displayed from the MHYC Race Officers Box. The Course will be selected from those annexed to these Sailing Instructions.

12.0 DIVISIONS

- 12.1 Competing yachts will be allocated to the following Racing Divisions:
- | | |
|---------------------------------------|----------------------------|
| – X-Yachts & Bavaria Match | Division 1 – Spinnaker |
| – Bavaria (40 feet plus) and X-Yachts | Division 2 – Non-Spinnaker |
| – Bavaria (30-39 feet) | Division 3 – Non-Spinnaker |
- 12.2 For Divisions 2 and 3 Non-Spinnakers no sails may be set forward of a mast which are not normally carried forward of that mast when working to windward. Any sail set forward of a mast shall not be set flying.
- 12.3 Divisional parameters may be constructed at the discretion of the Sailing Manager. Divisions may be formed or abandoned at the discretion of the Sailing Manager.

13.0 CARDINAL MARKS

- 13.1 Competitors are reminded of the requirement under MHYC Special Regulations to pass on the safe water side of all Harbour Cardinal Marks. Special attention is drawn to the Cardinal Marks at Gowlland Bombora, yachts are required to pass on the seaward side of all three (3) Cardinal Marks.

14.0 HARBOUR ISLANDS

- 14.1 When rounding Shark Island, Clarke Island or Fort Denison as marks of the course being sailed, yachts must give inside overlapped yachts room to pass on the safe water side of the cardinal mark on the western side of Shark Island, the safe water side of the lateral mark on the southern side of Clarke Island and the safe water side of the lateral mark on the southern side of Fort Denison. If the inside overlapped yacht is not entitled to room to round or pass the mark, the yacht giving room can protest the other yacht should she fail to take a penalty at the time of the incident. Failing to give room and thereby forcing another yacht to pass these cardinal and lateral marks on the unsafe water side will be considered a gross breach of RRS 2, Fair Sailing, and will be subject to action by a Protest Committee under RRS 69, Allegations of Gross Misconduct.

15.0 PROTESTS

- 15.1 North South Yachting Australia and the Organising Authority wishes to discourage the lodgement of Protests and hopes that all competitors will adopt a spirit of friendly rivalry. Should competitors feel the need to formally protest, such protest shall be written on forms available from the MHYC Race Office and be lodged within one hour of the finishing time of the protesting yacht.
- 15.2 Competitors are reminded of NOR2.0, Alternative Penalties.

16.0 COMMERCIAL SHIPPING

- 16.1 Yachts shall not interfere with the Commercial or Defence Shipping of the Port. The attention of skippers is drawn to Waterways Authority Special Regulations regarding right

of way of vessels entering and leaving port, ferries displaying orange diamonds, and vessels engaged in towing. Attention is drawn to International Regulations for Preventing Collisions at Sea. Yachts found to have interfered with commercial or defence shipping will be subject to disqualification without protest.

17.0 RUBBISH

- 17.1 Yachts shall not dispose of any items such as plastic bags, cans, bottles, etc, into the water. Yachts infringing will be subject to disqualification without protest.
- 17.2 Rubbish can be disposed of at MHYC, using the recycle bins provided.

18.0 PRIZES & POST RACE FESTIVITIES

- 18.1 Trophies may be awarded for first, second and third yachts to cross the finishing line in Divisions listed in the List of Competitors, after correction for starting time penalties for yachts OCS at the start, at a presentation to be held at Middle Harbour Yacht Club post race. All Competitors are Welcome.
- 18.2 Post race festivities will commence from 1630hrs at MHYC.

COURSES



Course 1

- 1) Start MHYC
- 2) YA Mark Manly West
- 3) YA Mark Manly East
- 4) YA Mark Rose Bay
- 5) Clark Island
- 6) Fort Denison
- 7) (x) YA Mark Manly West
- 8) (x) YA Mark Manly East
- 9) (x) YA Mark Cannae Point
- 10) (x) YA Mark Edwards Beach
- 11) Finish MHYC

Course 2

- 1) Start MHYC
- 2) YA Mark Rose Bay
- 3) (x) Fort Denison
- 4) (x) YA Mark Rose Bay
- 5) YA Mark Manly West
- 6) YA Mark Manly East
- 7) YA Mark Edwards Beach
- 8) Finish MHYC

Course 3

- 1) Start MHYC
- 2) (x) YA Mark Manly West
- 3) (x) YA Mark Manly East
- 4) Clarke Island
- 5) YA Mark Manly West
- 6) YA Mark Manly East
- 7) (x) YA Mark Lady Bay
- 8) Finish MHYC

Course 4

- 1) Start MHYC
- 2) YA Mark Cannae Point
- 3) YA Mark Lady Bay
- 4) YA Mark Grotto Point
- 5) YA Mark Lady Bay
- 6) YA Mark Point Piper
- 7) (x) Fort Denison
- 8) Finish MHYC

Yachts in Divisions 2 & 3 shall omit each mark prefixed (x).

Notes:

- 1) All Marks are to be rounded or left to Starboard
- 2) Competitors unfamiliar with Sydney Harbour are advised that a Course Chartlet is available in the MHYC Sailing Handbook 2009-2010, pages 132 & 133. Copy is available

on request at the MHYC Office or at <http://www.mhyc.com.au/club-sailing-handbook.cfm>

- 3) Competitors are reminded that if they retire from the race to contact the Sailing Office as soon as possible.

APPENDIX A GUIDE TO STARTING TIMES

H'Cap	Time of Day – Start	H'Cap	Time of Day - Start
60	1301	30	1331
59	1302	29	1332
58	1303	28	1333
57	1304	27	1334
56	1305	26	1335
55	1306	25	1336
54	1307	24	1337
53	1308	23	1338
52	1309	22	1339
51	1310	21	1340
50	1311	20	1341
49	1312	19	1342
48	1313	18	1343
47	1314	17	1344
46	1315	16	1345
45	1316	15	1346
44	1317	14	1347
43	1318	13	1348
42	1319	12	1349
41	1320	11	1350
40	1321	10	1351
39	1322	9	1352
38	1323	8	1353
37	1324	7	1354
36	1325	6	1355
35	1326	5	1356
34	1327	4	1357
33	1328	3	1358
32	1329	2	1359
31	1330	1	1400

- Notes:**
- 1) Yachts start on the fall of their starting handicap
 - 2) For example a yacht starting on a handicap of 50 starts when 50 is dropped and 49 is displayed, I.E. 1311 hours
 - 3) Phone 1194 to correct your watch to time of day